Get INTO walking

WALK TO SCHOOL MONTH
OCTOBER 2021



Walking
is beneficial for physical & mental health as well as the environment.

Do your bit by walking to school

Take the stress out of the School Run and Walk some or all of the way to school.

Share what you are doing with us at @INTOschtravel

Staffordshire County Council

@INTOschtravel

0300 111 8000
into@staffordshire.gov.uk

Walk to School Month October 2022

Dear Parent/Carer,

Our school is taking part in 'Walk to School Month' a Staffordshire County council event that is designed to help pupils experience first-hand the importance of walking to school.

Each pupil will be challenged to travel sustainably (walk, wheel, scoot, cycle or Park and Stride) to school every day during the month of October. Teachers will log the children's journey to school with each class working collectively to make as many active journeys to school as possible across October. Rewards will then be given to the classes that complete the most active journeys and the classes who make the most positive changes over the month, as a way of reinforcing the benefits and keeping children engaged.

What do I need to do as a parent/carer?

We would ask, if possible, to make arrangements so that your child/children can travel actively to school during October helping our school reduce congestion and pollution, an issue in Staffordshire and especially Wolstanton. Walking, wheeling, scooting and cycling all count! If you live far away from school and need to drive or take public transport, try parking the car or hopping off the bus/train five minutes away and walking the rest of the journey. The attached 5 minute walk zone document that was created by Ellison children highlights that if you live within this zone it will only take you 5 minutes and can also provide ideas for park and stride.

Thank you in advance for your cooperation.

Mrs Myatt

EcoHead Lead

