P.E Vocabulary – Year2

Year 1	Gymnastics	Dance	Athletics	Games	Fundamental Movement Skills
Tier 2 *(Taken from Chris Quigley and National Curriculum)*	Copy, remember, move, control, space, actions, small, tall, straight, curved, wide, narrow, travel, forwards, backwards, sideways, balance, shape, body, feel, roll, walk, hop, skip, tip toe, stretch, jump, position	Copy, remember, move, position, control, co-ordination, actions, mood, feeling, idea, balance, agility, simple, patterns, skip, jump, hop, turn, spin, forwards, backwards, sideways, music, respond, body action, speed, strength	Throw, jump, run, catch, balance, co-ordination, physical activity, skip, speed, safety, step, bounce, leap, hop, walk, jog, push, positive, watch, copy, describe, travel, distance, weight, high, low, stride,	Agility, balance, co-ordination, individual, others, competition, challenge, basic, run, jump, throw, catch, activity, team, game, attack, defence, direction, leap, slide, stretch, roll, walk, hop, skip, tip toe, opponent, team mate, lead	Walk, run, bound, hop, leap, jump, roll, gallop, climb, slide, skip, jog, skate, swim, swing, crawl, dodge, balance, stretch, land, twist, turn, tuck, squat, push, bounce, kick, punt, pulling, catching, stop, trap, dribble, carry, collect
Tier 3 *(Subject specific – vocabulary – language you want children to use and know the definition of).*	Partner, sequence, link, side-step, repeat, fluency, apparatus, straddle jump, straight jump, tuck jump, pike, apparatus, star jump, low level, medium level, high level, contrast, variety, precision, rocking, rolling, pathway,	Dynamic, express, idea, understand, improve, fluent, vocabulary, explore, awareness, energy, tension, compose, perform, communicate, vary, beginning, middle, end, spatial awareness, structure, rhythm warm-up, cool-down,	Spatial awareness, obstacles, reactions, duration, describe, long, fast, short, opposite, hurdle, equipment, time, force, metres, area, side-on, station, maximum, minimum, combination,	Decision making, send and receive, target, rules, co-operation, awareness, improve, accuracy, consistency, distance, thrower, hitter, receiver, striking, fielding, under arm, over arm, height, tactic, score, situation, hot,	Stretch high, stretch low, crab walk, change direction, movement, pathways, safety, stopping, signal, collision handling, control, gather, accuracy, pace, front foot, back foot, side-step,

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	imagination, combination, beginning, middle, end, equipment, safety, watch, listen, investigate			heart-rate, quality, performance, success	